



To prevent and treat disease and disability; to promote healthy lifestyles; and to protect and promote the health and quality of our environment.

News Release

Flu Vaccine Availability

Date: December 12, 2000

Contact: Cindy Howarth, RN
Immunization Supervisor
327-8586

Central District Health Department is now able to offer flu vaccine to the general public. Shipments of the vaccine are arriving as scheduled and the availability is sufficient to allow administration of the vaccine to everyone.

The cost of the vaccine is on a sliding fee scale up to a maximum of \$10 and is available at each of our offices.

With the improved vaccine availability, the Centers for Disease Control and Prevention now recommends **adults 50 years of age and older** receive the influenza vaccine as well as all other high-risk individuals.

Approximately 2 weeks after receiving a flu vaccine, most individuals will have developed immunity. The following persons should receive the vaccine:

- **Adults 50 years of age or older.**
- Children 6 months of age or older **that have a serious illness** like lung or kidney disease, anemia or other blood disorders, asthma, heart disease, or immune system problems such as HIV or diabetes, or currently undergoing cancer treatment with drug therapy or radiation.
- Children or teenagers taking aspirin daily (they are susceptible to Reye's syndrome if they become infected with influenza).
- Women 4 to 9 months pregnant.
- Caregivers for any of the above groups.

For more information on influenza log on to www.cdhd.org.

###